



Elmwood

Gymnastics Academy

***Programs Summary
& Class Schedules***





Elmwood Gymnastics Academy

Competitive Girls' Artistic Gymnastics

Preschool Classes

Non-Competitive Recreational Classes

Competitive Tumbling & Trampoline

Our programs provide your children a comprehensive experience in developing skills such as body awareness and control, strength, flexibility, endurance, balance, and coordination... all while inspiring confidence. We offer comprehensive recreational and competitive programs in artistic gymnastics and tumbling and trampoline. At Elmwood Gymnastics, we will provide your child with a fun, safe and positive learning experience. Please call to schedule a tour of our 18,000 square ft. facility.

- EGA's Artistic Gymnastics Team has consistently placed in the top 5 nationally and has developed numerous athletes who are awarded college scholarships. The Artistic USAG qualified staff includes the Louisiana State TOPS Director and all are USAG Safety Certified.
- EGA's Tumbling & Trampoline (T&T) Team has 30 State Champions, 8 Regional Champions, 9 National Champions, and 4 U.S. National Team Members. Our Team coaches have been named to represent USAG at International Competitions, National committees and at National Testing.

- **Office Hours:**

Monday-Friday	3:00 pm - 8:00 pm	Phone: 504-733-4496
Saturday	9:00 am - 12:00 pm	Fax: 504-731-7184

Class Info:

(See Next Page for Class Schedules and Fees)

Classes are for members and non-members. We have discounts for EFC and OCF employees and members. One makeup per month is available for your child when they have missed a class. These classes must be scheduled through the office and are subject to availability.

Special Programs:

(See your child's instructor for more details.)

We offer artistic competitive team, Levels 2-Optionals. We also offer a Prep Optional Team. This team allows recreational students to partake in competitions without the time and commitment of Competitive Team. As for our T&T Program, pre-teams and teams are available for girls and boys of all ages. If your child is interested in being evaluated for competitive team, please see your instructor or contact your program director.



**Elmwood Gymnastics Academy is located at 700-C Elmwood Park Blvd. Harahan, LA 70123
Please call us 504-733-4496 or visit www.elmwoodfitness.com & Click on Kids Corner!**



Elmwood Gymnastics Academy

Class Schedules

Please Note: Availability in all classes is limited and may change at any time. We offer one FREE trial class for new members. Call to schedule a trial class!

PRESCHOOL CLASSES: Ages walking-6	Mondays Tuesdays Wednesdays Thursdays Fridays Saturdays	Tiny Tots Ages walking-3	Jumping Jacks Ages 3-4 yrs	Munchkins Ages 4-5 yrs	Kinder Kiddies Ages 5-6 yrs
					5:45 pm
		10:00 am 6:30 pm	10:45 am 4:00 pm	5:45 pm	4:00 pm 4:45 pm
		10:00 am 5:00 pm	10:45 am 5:00 pm & 6:30 pm	5:45 pm	4:00 pm
		4:00 pm	5:30 pm	4:45 pm	6:15 pm
		5:15 pm	4:15 pm	6:00 pm	5:00 pm
		11:30 am	9:00 am	10:45 am	9:45 am
		45 min. class \$60	45 min. class \$60	45 min. class \$60	1 hr. class \$65
MONTHLY TUITION:					

ARTISTIC RECREATIONAL CLASSES: Ages 6-teen	Mondays Tuesdays Wednesdays Thursdays Fridays Saturdays	Girls Beginner	Girls Intermediate / Advanced	Hot Shots Pre-Team Ages 4-7 yrs*
			5:00 pm	
	5:00 pm			
	4:00 pm		5:00 pm	5:30-7:30 pm
	5:00 pm		6:00 pm	
	5:00 pm			
	10:00am 11:00 am			
MONTHLY TUITION:		1 hour per week = \$65/month 2 hours per week = \$110/month		

* By Invitation Only. Call for tuition price.
Girls Prep-Op Team also available. Call to schedule an evaluation.

T&T RECREATIONAL CLASSES: Ages 6-teen	Mondays Tuesdays Wednesdays Thursdays Fridays Saturdays	Beginner Tumbling	Intermediate Tumbling	Advanced Tumbling	Teen/Adult Tumbling	Trampoline Classes
			4:00 pm			
	5:00 pm		6:00 pm	4:00 pm	7:45 pm	
	6:00 pm		4:00 pm			5:00 pm
				4:00 pm	7:45 pm	
	5:00 pm					4:00 pm
	10:00 am		11:00 am	9:00 am		9:00 am
MONTHLY TUITION:		1 hour per week = \$65/month 2 hours per week = \$110/month			* Girls & Boys T&T Teams by invite only. Call for tuition prices or to schedule an evaluation.	

Annual registration fee: \$40.00, which is drafted once a year.

Payment: The monthly tuition MUST be drafted from a checking account or credit card.

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